

1.0 H hydrogen 1

- * Lanthanide series
- * Actinide series

140 Ce cerium 58	141 Pr praseodymium 59	144 Nd neodymium 60	[147] Pm promethium 61	150 Sm samarium 62	152 Eu europium 63	157 Gd gadolinium 64	159 Tb terbium 65	163 Dy dysprosium 66	165 Ho holmium 67	167 Er erbium 68	169 Tm thulium 69	173 Yb ytterbium 70	175 Lu lutetium 71
232 Th thorium 90	[231] Pa protactinium 91	238 U uranium 92	[237] Np neptunium 93	[242] Pu plutonium 94	[243] Am americium 95	[247] Cm curium 96	[245] Bk berkelium 97	[251] Cf californium 98	[254] Es einsteinium 99	[253] Fm fermium 100	[256] Md mendelevium 101	[254] No nobelium 102	[257] Lr lawrencium 103